

## Complete Family Vision Care

As a patient in our office, we would like to make your visit as stress free and thorough as possible. In order to make the most beneficial use of your time with us, the doctor has asked you to complete the following tasks and bring the results to your appointment. This information helps the doctor provide you with the best care possible.

- Completed Welcome Form:** This information includes personal and family information needed to complete your file and to submit to insurances, if necessary.
- Completed Patient History Questionnaire:** Since many general health conditions may be associated with the visual symptoms and/or eye health problems, this important record (now required by state health boards and all medical and optical insurance plans) will allow us to care for you as a “whole person” rather than just a pair of eyes. This form includes a complete list of prescription and non-prescription medications, which may be brought in as a separate list for us to photocopy if you prefer.
- Insurance cards or claim forms:** Please provide these for any optical or medical insurance that you may have. Sometimes, even “routine” visits may uncover a medical diagnosis that can then allow the exam to be submitted to medical insurance.
- Eyeglasses:** Please bring ALL pairs of eye glasses that you currently use, including prescription and non-prescription reading glasses, sunglasses, etc. Our instruments are able to compare the power of your old lenses with your new exam findings. This enables us to determine and explain how your vision has changed over time. We can also evaluate the fit and condition of your current eyewear and make any repairs necessary.
- Contact Lenses:** It is best to not wear your lenses to the exam, but bring them along in a case. If you have cartons or packaging from your lenses, please bring these with you.
- Eye drops, contact solutions, ointments, etc.:** Please bring anything that you put into your eyes. Your doctor will review whether these are appropriate or if a better option is available.
- Dilation explained:** The doctor may need to use drops to dilate your eyes to fully evaluate their internal health. This has the effect of temporarily increasing light sensitivity and causing “fuzzy” vision at a near (reading) distance. Therefore, if you want or need new eyewear, please come 15 to 20 minutes before your appointment time in order to look at our frame selection.

This completed task list will help assure you of receiving the most thorough and professional eye care possible in the most efficient manner. We look forward to your visit!